

# Junior & Collegiate Offshore Sailing Programs Bristol, RI - 2023

A. Core Program (all abilities; ages 15-25)  
6 weeks incl.

Ida Lewis Distance Race (100nm)

B. 3 Weekend Clinics

Experienced (1) ; All Abilities (2)

C. Intermediate; 2 weekends including:

1. Sid Clark Race (100nm)

2. Vineyard Race (240nm)

(program details: pages 3-8)



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[www.cosc-usa.org](http://www.cosc-usa.org)



# COSC Mission

- To teach fundamental offshore seamanship to community sailing & college students of all socioeconomic backgrounds to expand the American pool of offshore capable mariners.

## Strategy

- To acquire a fleet of the best offshore-capable, one-design, manageably-sized boats to fulfill this mission
- To deploy our fleet to community sailing centers & mission consistent colleges.

**Nota Bene: See Appendix for Board & Partners**





# Junior Offshore Sailing Program

Program pages: 1 of 6



## Goals

- For 2 teams of 4 junior sailors, sailing 2 Figaro 2s, with one safety officer/coach per boat, to participate in various distance races:  
Whaler's Race; and/or  
Sid Clark Distance Race; and/or  
Ida Lewis Distance Race; and/or  
Vineyard Race.
- All sailors to complete the US Sailing Online Offshore Safety at Sea program and gain certification.
- Contact:  
**Richard Feeny** [Richard.Feeny@gmail.com](mailto:Richard.Feeny@gmail.com)

## How does it work?

- 2 Beneteau Figaro 2s (to train together) in Bristol, RI
- 4 sailors + 1 Safety Officer/Coach per boat  
=> 8 sailors & 2 coaches total
- Core Program:  
2 weeknight evenings per week (5 pm-8pm)  
4 weekends including 3 overnight training sails
- Weekend Clinics (Sat/Sun)
- 3 Race opportunities for intermediate sailors



# Junior Offshore Sailing Program **Program pages: 2 of 6**



## Topics:

- Teamwork, safety afloat, watch-keeping, log-keeping, night & fog sailing;
- Navigation, rules of the road, lights at sea, safety, weather analysis;
- Radio communications, electronics, batteries;
- Resourcefulness, decision-making, problem-solving, repairs-at-sea;
- Nutrition, sleep cycles, physical training, provisioning, medical training;
- Leadership, team building, endurance, vessel maintenance, logistics.

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- **ADVENTURE!** – No one EVER forgets their first night offshore at sea under the stars!



## Offshore Personal Equipment List

- Waterproof duffle
- Sleeping bag
- Life Jacket (harness/tether on boat)
- Foul Weather Gear (dry suit ok)
- 8-10 Ziplocs to organize gear
- Sea- or dinghy-boots; boat shoes
- Hat & sunglasses
- Headlamp with red light
- Re-usable Water Bottle
- Toothbrush & small toothpaste
- Quick-Dry towel
- Seasick & prescription medication
- 2 pairs wool socks
- 2 changes underwear
- Long underwear (top & bottom)
- 1 pair long pants; 1 pair shorts
- 1 long sleeved shirt; 1 short-sleeved shirt
- 1 wool or fleece sweater
- 1 wool or fleece hat; hat for sun shade
- Sailing gloves, warm gloves or waterproof gloves
- Rigging knife





# Junior Offshore Sailing Program Program pages: 4 of 6



## Core Program – All Abilities – 15-25 years old: July 10 – August 19, 2023

### Ida Lewis Distance Race (100nm) - \$2450/student

	Dates	Time	SO/C	Topics:
Week 1	Mon, July 10	5-9 PM	1	Intro to the Figaro II
	Thurs, July 13	5-9 PM	1	Boat handling
	Sat/Sun, July 15/16	9am-5pm, 9am-5pm	2	Basic Boat Handling, Setup, Trim
Week 2	Mon, July 17	5-8 PM	1	Boat handling
	Thurs, July 20	5-8 PM	1	US Sailing Online Offshore Safety at Sea Program
Week 3	Mon, July 24	5-8 PM	1	Boat handling, Reefing
	Thurs, July 27	5-8 PM	1	Navigation, Radio Communications
	Sat/Sun, July 29/30	10am Sat-12pm Sun	1	Overnight Sail
Week 4	Mon, July 31	5-8 PM	1	Boat Set-up and Sail Trim
	Thurs, Aug 3	5-8 PM	1	Classroom night
Week 5	Mon, Aug 7	5-8 PM	1	Safety at Sea
	Thurs, Aug 10	5-8 PM	1	PHRF Race
	Sat/Sun, Aug 12/13	10am Sat-12pm Sun	2	Overnight Sail
Week 6	Mon, Aug 14	5-8 PM	1	distance sail, route plan Ida Lewis Distance Race
	Thurs, Aug 17	5-8 PM	1	Provision for Ida Lewis Distance Race
	Fri/Sat, Aug 18/19	12pm Fri – 6pm Sat	2	Ida Lewis Distance Race



# Junior Offshore Sailing Program **Program pages: 5 of 6**



## 3 Weekend Clinics: June 24/25; July 22/23; Aug 5/6

Join us for a weekend clinic to learn more about the Offshore Sailing experience.  
We will demonstrate: safety protocols & safety drills; sail selection; boat handling; and navigation.

Clinic 1 will target towards more experienced sailors who intend to apply to be part of the race group.  
Clinics 2 & 3 will be open to sailors of all experience levels.

If you are interested in any of these clinics, please contact [Richard.Feeny@gmail.com](mailto:Richard.Feeny@gmail.com) .  
Clinic Fee includes a Saturday evening BBQ and an Offshore Sailing Team Shirt.

	Dates	Time	SO/C	Level	Topics:
Clinic 1 \$450/student	Sat/Sun, June 24/25	9-5 Sat, 9-5 Sun	1	More Experienced, toward Races	Safety protocols & drills; sail selection; boat handling; navigation.
Clinic 2 \$450/student	Sat/Sun, July 22/23	9-5 Sat, 9-5 Sun	1	All Experience Levels	Introduction to Figaro 2; offshore sailing
Clinic 3 \$450/student	Sat/Sun, Aug 5/6	9-5 Sat, 9-5 Sun	1	All Experience Levels	Introduction to Figaro 2; offshore sailing



# Junior Offshore Sailing Program

## Intermediate Program

Program pages: 6 of 6



2 Race Options: Choose 1 or both Races from this list

	Dates	Time	SO/C	Topics:
<b><u>Race 1</u></b>	Sat/Sun, July 1/2	10am Sat-12pm Sun	2	Overnight Practice
<b>Sid Clark Race</b>	Sat/Sun, July 8/9	10am Sat-12pm Sun	2	Sid Clark Overnight Race (100nm: Bristol YC – Block Island – Bristol YC)
<b>\$850/student</b>				
<b><u>Race 2</u></b>	Sat/Sun, Aug 26/27	10am Sat-12pm Sun	2	Overnight Practice & Delivery: Bristol, RI -> Stamford, CT
<b>Vineyard Race</b>	Fri, Sept 1			Drive to Stamford, CT; Provision
<b>\$1450/student</b>	Sat/Sun, Sept 2/3/4	10am Sat-12pm Mon	2	Vineyard Race (240nm: Stamford, CT – Buzzard's Bay – Stamford, CT)
	Tues, Sept 5	8am-10pm	2	Delivery: Stamford, CT -> Bristol, RI

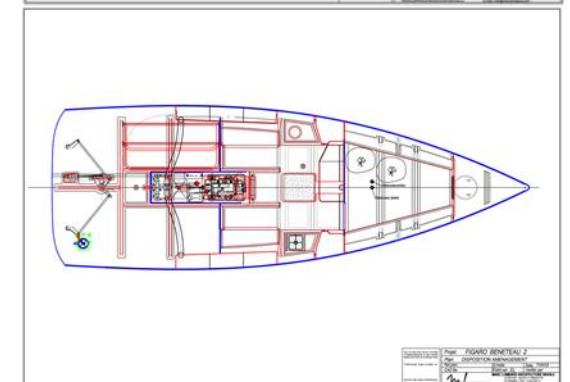
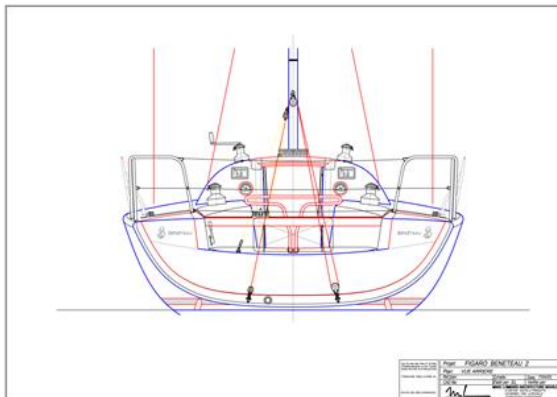
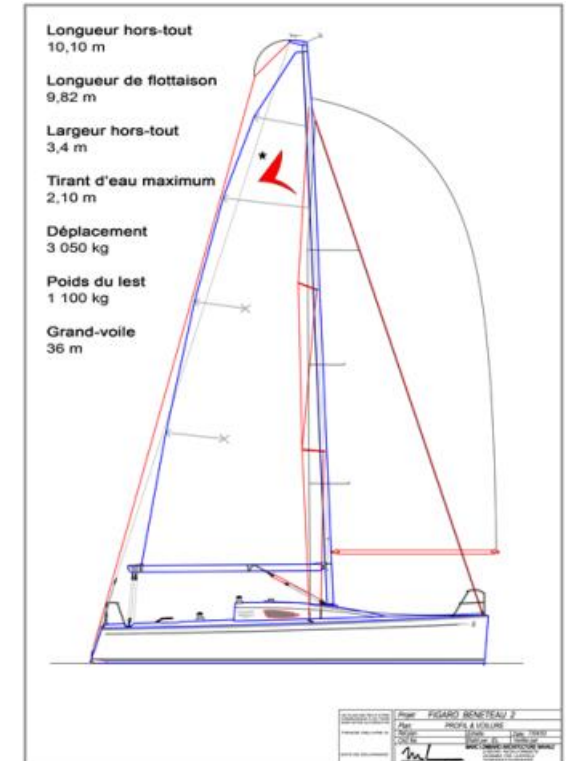




# Beneteau Figaro 2 - Specifications



LOA: 33'  
LWL: 32'  
Beam: 11'  
Draft: 7' (fixed keel)  
Steering: Twin rudders  
Displacement: 3.1 tons  
Keel: 1.1 tons  
Engine: 20HP Diesel  
Bunks: 2  
Mainsail: 409 sq. ft.  
Genoa: 323 sq. ft.  
Spinnaker: 915 sq. ft  
Design: Marc Lombard  
Construction: Fibreglass





## Figaro 2 - Sailing



**“Figaro 2s are durable.  
I sailed solo upwind across the  
Bay of Biscay, 55 knots TWS,  
no problem.”**

**...Michel Desjoyeaux**

- Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>**
- Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>**

## Figaro 2 – Interior

Forepeak & Head



Chart Table

2 Bunks



Galley



# Q: Why the Figaro 2?

## A: Fundamental Building Block Boat for the great French Offshore Champions

These skippers are all former Figaro 2 sailors & champions.



**Yannick Bestaven**  
Vendée Globe 2020  
1<sup>st</sup>



**Charlie Dalin**  
Vendée Globe 2020  
2<sup>nd</sup>



**Louis Burton**  
Vendée Globe 2020  
3<sup>rd</sup>



**Jean Le Cam**  
Vendée Globe  
4<sup>th</sup>, 2<sup>nd</sup>



**Michel Desjoyeaux**  
Vendée Globe  
1<sup>st</sup>, 1<sup>st</sup>



**Francois Gabart**  
Vendée Globe  
1<sup>st</sup>

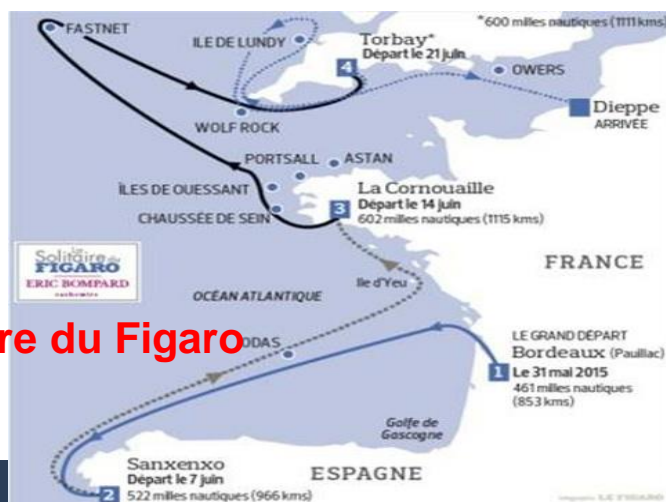


**Armel Lecleac'h**  
Vendée Globe  
1<sup>st</sup>, 2<sup>nd</sup>, 2<sup>nd</sup>



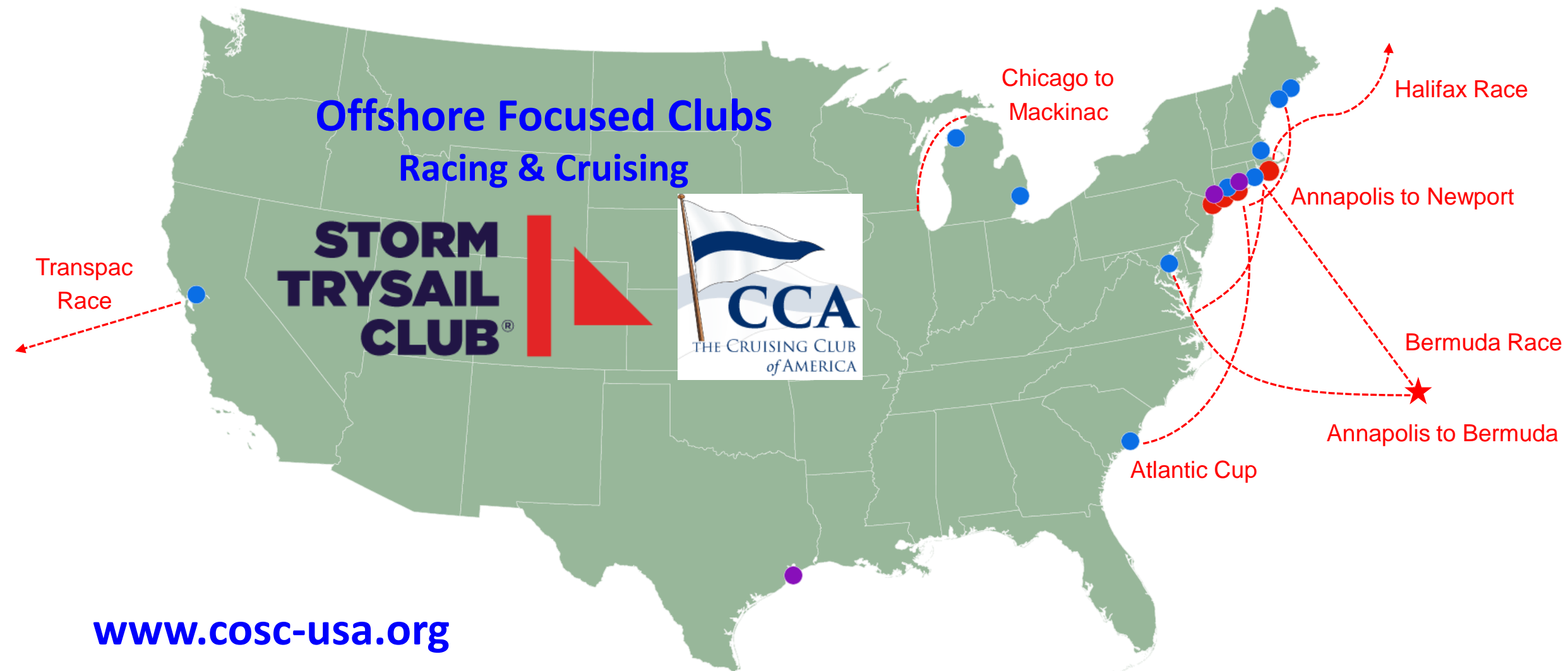
**Jeremie Beyou**  
Vendée Globe  
3<sup>rd</sup>

**Solitaire du Figaro**





# Offshore Sailing Opportunities





# Appendices: How We Got Here; Board; Partners; Our Fleet

**“The opportunity to introduce junior and college age sailors to offshore sailing is a great benefit. All the elements of leadership and teamwork come together on a racing yacht. One connects with nature at sea. The lessons and experience provide invaluable lessons on and off the water.”**

**...Gary Jobson, SUNY Maritime College '73, National Sailing Hall of Fame**

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## How We Got Here...

- 2018 - COSC incorporated as a non-profit in Massachusetts.
- 2018 – Partnership with Storm Trysail Club; 12 colleges visited; letters of coach support gained; fund-raising begins; 1<sup>st</sup> Figaro 2 acquired & shipped from Europe
- 2019 – \$1M raised; 9 Figaro 2s bought & shipped from Europe; 6 Figaro 2s deployed to Mass. Maritime, SUNY Maritime, USMMA, and Webb Institute
- 2020 – Spring college race schedule & SailMaine summer Junior Offshore Sailing planned but Covid cancelled. Fall season, 4 Figaro 2s (Webb, USMMA, SUNY) trained & competed regionally
- 2021 – 2 x Figaro 2s acquired; 6 college Figaro 2s spring training; 10 Figaro 2s summer junior offshore training; 12 Figaros 2s college training fall





# Board



**Rich Wilson**  
**Chair/Pres.**  
2x Vendée Globes  
NYYC, STC, EYC, CCA



**Ed Cesare**  
**Vice Chair**  
STC Commodore  
STC, NYYC, RORC



**Stan Schreyer**  
**Secretary**  
Former BU Coach  
STC, NYYC, EYC



**Rives Potts**  
CEO Safe Harbors  
NYYC Fmr Comm.  
STC, NYYC, EYC



**Peter Garcia**  
Bates Sailing Coach  
STC

## Treasurer



**Alan McKinnon**  
North Sails Fmr CFO  
NYYC, STC, EYC



**Rich Du Moulin**  
CEO Intrepid Shipping  
NYYC, STC, CCA, LYC



**Michel Desjoyeaux**  
Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>  
Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>



**Joff Brown**  
Boat Captain  
5 VG Successes



**Charles Darbyshire**  
Artemis Academy  
Figaro 2 Training



**Brian Harris**  
Maine Yacht Center  
COSC Figaro 2 HQ, CCA

## Advisors





# Partners



Noroton Yacht Club







# Our Fleet

## 12 Beneteau Figaro 2s

From UK, France, Sweden, USA, Czechoslovakia

