# Youth Offshore Sailing Program

Session 1: April 24 – June 3/4, 2023 The Whalers Race

Session 2: July 17 – August 25/26 The Salty 100 Race





#### www.cosc-usa.org



# **COSC** Mission

 To teach fundamental offshore seamanship to college & community sailing youth students of all socioeconomic backgrounds to expand the American pool of offshore capable mariners.

# **Strategy**

- To acquire a fleet of the best offshore-capable, one-design, manageably-sized boats to fulfill this mission
- To deploy our fleet to colleges & community sailing centers.







## Youth Offshore Sailing Program p1 of 5

Collegiate Offshore Sailing Circuit

Session 1: April 24 – June 3/4, 2023 (The Whalers Race) Session 2: July 17 - August 25/26, 2023 (The Salty 100 Race)

## Goals

- For 2 teams of 4 junior sailors, sailing 2 Figaro 2s, with one safety officer/coach per boat, to complete either The Whalers Race (session 1) or The Salty 100 Race (session 2).
- All sailors to complete the US Sailing Online Offshore Safety at Sea program and gain certification.

## How does it work?

- 2 Beneteau Figaro 2s (to train together) in a 6 week program in New Bedford
- 4 sailors + 1 Safety Officer/Coach per boat => 8 sailors & 2 coaches total
- 2 weeknight evenings per 6 weeks (5 pm-8pm)
  4 weekends including 3 overnight training sails

#### • <u>Contact</u>:

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## Youth Offshore Sailing Program p2 of 5

Session 1: April 24 – June 3/4, 2023 (The Whalers Race) Session 2: July 17 - August 25/26, 2023 (The Salty 100 Race)

## **Topics:**

- Situational awareness, watch-keeping, log-keeping, night & fog sailing;
- Navigation, rules of the road, lights at sea, safety, weather analysis;
- Radio communications, electronics, batteries;
- Resourcefulness, decision-making, problem-solving, repairs-at-sea;
- Medical training, nutrition, sleep cycles, physical training, provisioning;
- Leadership, team building, endurance, vessel maintenance, logistics.

### +

• ADVENTURE! – No one EVER forgets their first night offshore at sea under the stars!





## Youth Offshore Sailing Program p3 of 5



#### Session 1: April 24 – June 3/4, 2023 (The Whalers Race)

Calendar

	Dates	Time	SO/C	Topics:
Week 1	Mon, April 24	5-8 PM	1	Intro to the Figaro II
	Thurs, April 27	5-8 PM	1	Boat handling
	Sat/Sun, Apr 29/30	10-6PM each day	2	Sat: Basic Boat Handling, Setup, Trim
Week	Mon, May 1	5-8 PM	1	Boat handling
2	Thurs, May 4	5-8 PM	1	Safety at Sea
	Sat/Sun, May 6/7	10am Sat-12pm Sun	2	Overnight Sail
Week	Mon, May 8	5-8 PM	1	Boat handling
3	Thurs, May 11	5-8 PM	1	Safety at Sea
	Sat/Sun, May 13/14	9am-5pm	1	Safety at Sea – Hands-On – EYC Pool – Life Rafts, Flares, Fire-fighting
Week	Mon, May 15	5-8 PM	1	Boat Set-up and Sail Trim
4	Thurs, May 18	5-8 PM	1	Classroom night
	Sat/Sun May 20/21	10am Sat-12pm Sun	2	Overnight Sail
Week 5	Mon, May 22	5-8 PM	1	Safety at Sea
	Thurs, May 25	5-8 PM	1	PHRF Race
	Sat/Sun, May 27/28	10am Sat-12pm Sun	2	Overnight Sail
Week 6	Mon, May 29	5-8 PM	1	distance sail, route plan The Whalers Race
	Thurs, June 1	5-8 PM	1	Provision for The Whalers Race
	Sat/Sun June 3/4	12pm Sat – 6pm Sun	2	The Whalers Race (100nm)



## Youth Offshore Sailing Program



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#### Session 2: July 17 – August 25/26, 2023 (The Salty 100 Race)

Calendar

	Dates	Time	SO/C	Topics:
Week 1	Mon, July 17	5-8 PM	1	Intro to the Figaro II
	Thurs, July 20	5-8 PM	1	Boat handling
	Sat/Sun, July 22/23	10-6PM each day	2	Sat: Basic Boat Handling, Setup, Trim
Week 2	Mon, July 24	5-8 PM	1	Boat handling
	Thurs, July 27	5-8 PM	1	Safety at Sea
	Sat/Sun, July 29/30	10am Sat-12pm Sun	2	Overnight Sail
Week 3	Mon, July 31	5-8 PM	1	Boat handling
	Thurs, Aug 3	5-8 PM	1	Safety at Sea
	Sat/Sun, Aug 5/6	9am-5pm	1	Safety at Sea – Hands-On – EYC Pool – Life Rafts, Flares, Fire-fighting
Week	Mon, Aug 7	5-8 PM	1	Boat Set-up and Sail Trim
4	Thurs, Aug 10	5-8 PM	1	Classroom night
	Sat/Sun, Aug 12/13	10am Sat-12pm Sun	2	Overnight Sail
Week 5	Mon, Aug 14	5-8 PM	1	Safety at Sea
	Thurs, Aug 17	5-8 PM	1	PHRF Race
	Sat/Sun, Aug 19/21	10am Sat-12pm Sun	2	Overnight Sail
Mook	Mon Aug 21		1	distance sail, route plan The Salty 100
Week 6	Mon, Aug 21	5-8 PM	1	distance sail, route plan The Salty 100
	Thurs, Aug 24	5-8 PM	1	Provision for The Salty 100
	Fri/Sat, Aug 25/26	12pm Sat – 6pm Sun	2	The Salty 100 Race (100nm)



## Youth Offshore Sailing Program

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# Collegiate Offshore Sailing Circuit

#### **Offshore Personal Equipment List**

- Waterproof duffle
- Sleeping bag
- Life Jacket (harness/tether on boat)
- Foul Weather Gear (dry suit ok)
- 8-10 Ziplocs to organize gear
- Sea- or dinghy-boots; boat shoes
- Sunglasses & sunglasses
- Headlamp with red light
- Re-usable Water Bottle
- Toothbrush & small toothpaste
- Quick-Dry towel
- Seasick & prescription medication

- 2 pairs wool socks
- 2 changes underwear
- Long underwear (top & bottom)
- 1 pair long pants; 1 pair shorts
- 1 long sleeved shirt; 1 short-sleeved shirt
- 1 wool or fleece sweater
- 1 wool or fleece hat; hat for sun shade
- Sailing gloves, warm gloves or waterproof gloves

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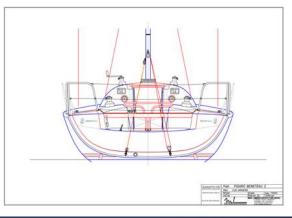
• Rigging knife



### **Beneteau Figaro 2 - Specifications**

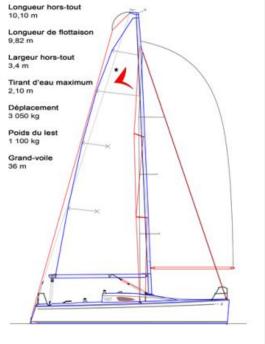


LOA: 33' LWL: 32' Beam: 11' Draft: 7' (fixed keel) Steering: Twin rudders Displacement: 3.1 tons Keel: 1.1 tons Engine: 20HP Diesel Bunks: 2 Mainsail: 409 sq. ft. Genoa: 323 sq. ft. Spinnaker: 915 sq. ft Design: Marc Lombard Construction: Fibreglass

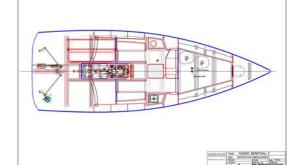














#### **Figaro 2 - Sailing**











"Figaro 2s are durable. I sailed solo upwind across the Bay of Biscay, 55 knots TWS, no problem." ...Michel Desjoyeaux

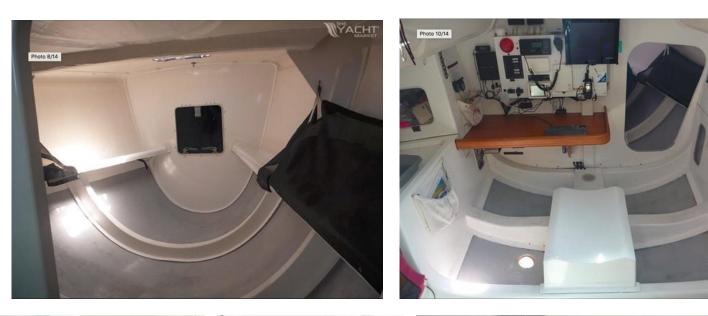
Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>
 Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>



## **Figaro 2 – Interior**



#### Forepeak & Head



#### **Chart Table**





#### Galley



#### Q: Why the Figaro 2? A: Fundamental Building Block Boat for the great French Offshore Champions







These skippers are all former Figaro 2 sailors & champions.



Yannick Bestaven Vendée Globe 2020 1<sup>st</sup>



Charlie Dalin Vendée Globe 2020 2<sup>nd</sup>





Jean Le Cam Vendée Globe 2<sup>nd</sup>, 4<sup>th</sup>, 5<sup>th</sup>, 6<sup>th</sup>



Michel Desjoyeaux Vendée Globe 1<sup>st</sup>, 1<sup>st</sup>



Francois Gabart Vendée Globe 1<sup>st</sup>



Armel Lecleac'h

**Vendée Globe** 

1st, 2nd, 2nd



Jeremie Beyou Vendée Globe 3<sup>rd</sup>







# **Appendix:**

### How We Got Here; Board; Partners; Our Fleet

"The opportunity to introduce junior and college age sailors to offshore sailing is a great benefit. All the elements of leadership and teamwork come together on a racing yacht. One connects with nature at sea. The lessons and experience provide invaluable lessons on and off the water." ...Gary Jobson, SUNY Maritime College '73, National Sailing Hall of Fame









### How We Got Here...

- 2018 COSC incorporated as a non-profit in Massachusetts.
- 2018 Partnership with Storm Trysail Club; 12 colleges visited; letters of coach support gained; fund-raising begins; 1<sup>st</sup> Figaro 2 acquired & shipped from Europe
- 2019 \$1M raised; 9 Figaro 2s bought & shipped from Europe; 6 Figaro 2s deployed to Mass. Maritime, SUNY Maritime, USMMA, and Webb Institute
- 2020 Spring college race schedule & SailMaine summer Junior Offshore Sailing planned but Covid cancelled. Fall season, 4 Figaro 2s (Webb, USMMA, SUNY) trained & competed regionally
- 2021 2 x Figaro 2s acquired; 6 college Figaro 2s spring training; 6 Figaro 2s summer junior offshore training; 12 Figaros 2s college training fall



# Board







**Rich Wilson** Chair/Pres. 2x Vendée Globes NYYC, STC, EYC, CCA

**Ed Cesare** Vice Chair STC Commodore STC, NYYC, RORC



**Stan Schreyer Secretary** Former BU Coach STC, NYYC, EYC



**Rives Potts CEO Safe Harbors** Bates Gen'l Counsel NYYC Fmr Comm. STC, NYYC, EYC

### **Advisors**



**Bates Sailing Coach** 

STC



**Brad Dellenbaugh NYYC Fmr Sailing Director USNA Fmr Offshore Coach** NYYC, STC, CCA

#### **Treasurer**



**Alan McKinnon** North Sails Fmr CFO NYYC, STC, EYC



**Rich Du Moulin CEO Intrepid Shipping** 



**Michel Desjoyeaux** Vendée Globe 1<sup>st</sup>, 1<sup>st</sup> NYYC, STC, CCA, LYC Solitaire du Figaro 1<sup>st</sup>, 1<sup>st</sup>, 1<sup>st</sup>





Joff Brown

**Boat Captain** 

**5 VG Successes** 





Charles Darbyshire

Artemis Academy

Figaro 2 Training



**Brian Harris** Maine Yacht Center COSC Figaro 2 HQ, CCA





# **Partners**











#### www.cosc-usa.org







## **Our Fleet** 12 Beneteau Figaro 2s

## From UK, France, Sweden, USA, Czechoslovakia













